

A FUN AUTUMN SPORTS EVENT FOR EVERYONE!

YOKOHAMA SPORTS & RECREATION FESTIVAL 2025

📅 Date: Sunday, October 26, 2025

📍 Venue: Yokohama Tsuzuki Sports Center

Today's information

Enjoy many kinds of new sports, recreation, and wellness activities for all ages:

- ◆Running Class for kids – learn tips to improve your form and endurance
 - ◆Happy Parent-Child Rhythm – move, dance, and enjoy fun rhythms together
 - ◆Pilates – strengthen your core and improve balance
 - ◆Sports Experience Area – try different sports in one place
 - ◆Yellow /Blue based Skin Test – discover your skin type for happy and beauty life
 - ◆Wrestling Tackle Dojo – experience the excitement of wrestling techniques
 - ◆Boccia Team Competition – enjoy this inclusive, strategy-based sport
- Something for everyone — kids, parents, athletes, and beginners!

How to apply:

Application Period: October 1 (Wed) – October 14 (Tue), 2025

Online Application

Visit the Tsuzuki Sports Center website and click on “教室ログイン (Class Login)” to apply.

First-time users must create an account.

Lottery Results Notification on October 15 (Wed)

Payment Period October 16 (Thu) – October 22 (Wed)

Additional Applications Accepted from October 16 (Thu) until the event day

📱 Scan the QR code on the flyer to easily apply online!



Contact Information

Yokohama Tsuzuki Sports Center ☎ TEL: 045-941-2997

📍 2973-1 Ikebecho, Tsuzuki-ku, Yokohama City

Business Hours: Weekdays & Saturdays: 9:00-21:00 (last admission 20:00)

Sundays & Holidays: 7:30-21:00 (last admission 20:00)

都筑スポーツセンター Tsuzuki Sports Center